

KAPUVÁRI VERBUNK
(Hungary)

Verbunk is a recruiting dance and is usually done only by men. In modern times girls sometimes join the dance but do entirely different steps. At no time would a decent girl attempt to do the men's steps in Hungarian folk dances. There are many Verbunks and this one is from Kapuvar. This dance was first presented by Andor Czompo in Boston, Massachusetts in March, 1963. Pronounced Cop-oo-var-ee Vair-boonk.

Music: Record: Folk Dancer MH 2078 'Verbunk'

Formation: Two concentric circles. W on inside, M in outside circle.

MeasuresPatternI. MAN'S PART

- 1-4 Thumbs in belt, M walk CW in the circle, begin R, taking 6 broad striding steps around the ring. Do a simple Bokázó in place (step in place 3 times R, L, R, bringing heels together with quick flicks of the ft).
Sharply cut onto L ft and project R ft fwd.
- 5-16 Begin to walk again starting on R ft. Repeat this entire part 4 times in all. At end of last sequence turn R to face the ctr of the circle with a Bokázó.

WOMAN'S PART

- 1 W hands are held in a back basket pos. Moving to the R, step to R on R ft. Step L ft behind R, leaning bodies fwd. Step to the R and hop on R ft bringing L ft up beside R.
- 2 Step-hop to the L on the L ft bringing R ft up beside L. Then do 2 quick leaps swd, once to the R and once to the L.
- 3-16 Repeat this part 8 times in all.

II. MAN'S PART

- 1-4 M face ctr of circle with hands high in air snapping fingers. In place bounce on heels 1,2,3, pause. Repeat for a total of 4 times.
- 5-6 Do turning Bokázó in place like this: M turns 1/2 turn to L by leaping on R ft to face away from ctr. Jump high landing with ft apart, toes turned inward. Bring both ft together sharply. On ct 4 do nothing. Repeat turning Bokázó again to finish facing ctr.
- 7-8 Repeat meas 5-6.
- 9-16 Repeat entire part, meas 1-8 (Fig II).

WOMAN'S PART

- 1-4 W have finished previous part standing on L ft. They will now move to the L with a fast Downbeat Rida. In this fast Downbeat Rida the accent is down on the first beat instead of up. Place R ft in front of L with a down accent, then step on ball of L ft in place as circle moves to L. Do 16 of these fast Downbeat Rida steps and finish standing on R ft.

KAPUVARI VERBUNK (cont)

- 5-8 In place do 8 Cifra steps alternating to the L and R. This Cifra step is as follows: leap slightly to the R on the R ft, step L ft in place, step R ft in place. The pattern is repeated to the L with opp ftwork.
- 9-12 Repeat the Downbeat Rida to the R, crossing L ft in front of R. Do 16 of these steps.
- 13-16 In place do 8 Cifra steps starting to the R.

III. MAN'S PART

- (A) 1 Hop on L ft 2 times, at the same time swing R ft in front with sole pointing to the L, then swing it outward so that sole is pointing R. Bring R ft down beside L ft.
- 2 Repeat hopping on R ft and swinging L ft.
- 3 Snap fingers and bounce on heels 1, 2, 3, pause.
- 4 Do a simple Bokázó - 1, 2, 3, pause.
- 5-8 Repeat meas 1-4, (Fig III).
- (B) 9 Lift R ft straight out in front, hip high. With the R hand slap the inside of the R ft at the boot top with a slight hop on the L ft. Leap on R ft and at the same time bring L ft up swd, sole pointing back. Bring ft together with both hands high in air. Leap on L ft, projecting R ft fwd in preparation to repeat this step. The L hand in this step is always in the air while the R hand moves through the part in a circular movement.
- 10-16 Repeat meas 9, seven more times, for a total of 8 times.

WOMAN'S PART

- (A) 1 In circle facing ctr, W balances on R ft first and caves in on it slightly. Balance on L ft and cave in slightly.
- 2-4 Repeat meas 1.
- (B) 5-8 § Csárdás steps to the R. A Csárdás step is a step-close done with flexed knees with a change of wt on each ct.
- 9-12 Repeat (A) balancing first to the L.
- 13-16 Repeat (B) moving to the L.

Repeat the entire sequence of Parts I, II, III, two more times.

The directions for this dance are meant to be refresher notes for those who have learned the dance with a teacher.

The directions were prepared by Ann I. Czompo, Northern Illinois University, DeKalb, Illinois. Edited to fit UOP syllabus format.

Presented by Andor Czompo